

## INFORMATION

## » CONGRESS DINNER

The congress dinner will take place on **Wednesday, 03 March 2010, 20:00** at:

Sachsenhäuser Warte  
Darmstädter Landstraße 279  
(opposite the Holiday Inn)

[www.sachsenhaeuserwarte.de](http://www.sachsenhaeuserwarte.de)

Registration is required (€ 45,00 drinks included).

## » PAYMENT

**I. Paying by Credit Card**

We prefer to receive payments by Credit Card (Visa, Mastercard or AMEX).

**II: Paying by Bank Transfer**

If you wish to pay by bank transfer please transfer the total fees (free of bank commission) to:

**Euro Fed Lipid**  
**Account No. 4 910 047 00**  
**Dresdner Bank AG, Frankfurt/ Main**  
**BLZ 500 800 00 (Routing Number)**  
**IBAN DE 12 5008 0000 0491 0047 00**  
**SWIFT-BIC: DRES DE FF**

Please quote your reference number.

## » CANCELLATION

Cancellation received on or before **15 February 2010** will be refunded in full less a € 50 processing fee. After that date the cancellation charge is 50% of the registration fee. Should the congress be cancelled, paid fees will be refunded. Euro Fed Lipid is not responsible for incidental costs incurred by registrants.

## INFORMATION

## » HOW TO GET THERE

The Holiday Inn Frankfurt City-South, Conference Centre is located in the south of Frankfurt, in the Sachsenhausen district of the city, and is easily reached by car via the motorways A3 and A5 or from Frankfurt Airport.

**Arrival from the main central station / Hauptbahnhof:**

By taxi it is about € 15,00 and takes 15 minutes

By public transportation it is about € 3,70 and takes 25 minutes. Take the S-Train S2 to S6 (direction south main central station/ „Südbahnhof“) to „Konstabler Wache“. From there take bus No. 30 or 36 (direction „Hainer Weg“) to „Südfriedhof“ – directly at the hotel.

**Arrival from the airport:**

By taxi it is about € 30,00 and takes 20 minutes

By public transportation it is about € 3,70 and takes 40 minutes. Take the S-Train S8 (direction „Hanau“) to „Konstabler Wache“. From there take bus No. 30 or 36 (direction „Hainer Weg“) to „Südfriedhof“ – directly at the hotel.

**Arrival by car:**

On the A3 from Cologne: continue towards Frankfurt, past Frankfurt Airport towards the „Offenbacher Kreuz“ junction, then follow the B3 main road signs towards Sachsenhausen. From there follow the instructions in the „Offenbacher Kreuz“ junction section.

On the A3 from Würzburg/Munich: continue towards Frankfurt until you reach the „Offenbacher Kreuz“ junction, then follow the B3 signs. From there follow the instructions in the „Offenbacher Kreuz“ junction section.

On the A5 from Giessen or Darmstadt: continue towards Frankfurt, then at the „Frankfurter Kreuz“ junction, join the A3 towards Würzburg until you reach the „Offenbacher Kreuz“ junction, then follow the B3 signs. From there follow the instructions in the „Offenbacher Kreuz“ junction section.

„Offenbacher Kreuz“ junction: from here, follow the B3 signs until you reach a roundabout. Then take the second exit on the right towards Sachsenhausen. Now follow this road (2–3 km) and when you reach the end, turn right onto the Darmstädter Landstraße. You will now see the hotel on the left hand side. To reach the garage and car park (both chargeable); turn left when you reach the „Aral“ petrol station. Then take the first street on the right into Mailänder Straße. After several metres, you will see our open-air car park on the right hand side. To reach our hotel garage, follow Mailänder Straße right through to the traffic lights, then turn right. You will see the garage on the right hand side after a few metres, past the entrance to the hotel.

## INFORMATION

## » VENUE

The Symposium will take place at:

Holiday Inn Frankfurt  
City-South, Conference Centre  
Mailänder Straße 1  
60598 Frankfurt am Main

Tel.: +49 (0)69 6802-0  
Fax: +49 (0)69 6802-333

[www.frankfurt-hi-hotel.com](http://www.frankfurt-hi-hotel.com)

## » ACCOMMODATION

To book a room at the Holiday Inn Frankfurt City South please call

Tel.: +49 (0)69 6802-0  
Fax: +49 (0)69 6802-333  
E-Mail: [sonja.huk@queensgruppe.de](mailto:sonja.huk@queensgruppe.de)

Quoting „Euro Fed Lipid“ to receive the special rate of € 128,00 for a single room inclusive of breakfast.

Alternative accommodation can be found via

Tourismus+Congress GmbH  
Frankfurt am Main  
Kaiserstraße 56  
60329 Frankfurt am Main  
Germany

Tel.: +49 (0)69 21238800  
Fax: +49 (0)69 21237880  
E-Mail: [info@infofrankfurt.de](mailto:info@infofrankfurt.de)

## » ORGANISER

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4TH EUROPEAN SYMPOSIUM  
ON**Dietary Fatty Acids  
and Health**

## INVITATION

For the fourth time we invite you to join us in Frankfurt to discuss the very recent findings on dietary fatty acids and health. After a lecture on lipotoxicity the presentations focus on cardiovascular disease and its risk factors: What is the importance of milk lipids for coronary heart disease? How are fatty acids involved in the pathogenesis of the metabolic syndrome? Is there an impact of dietary fat on cardiac function? The first day closes with a first presentation on  $\Omega$ -3 fatty acids: Is there a role for mood regulation? The second day is mainly devoted to  $\Omega$ -3 fatty acids. After an initial lecture on proven health effects it is tried to answer the question of whether  $\alpha$ -linolenic acid can replace longer  $\Omega$ -3 fatty acids in the diet. Further presentations focus on  $\Omega$ -3 fatty acids and inflammation and their role in cardiac risk modification in patients with the metabolic syndrome.

The conference closes with a critical presentation on the transfer of scientific knowledge into clinical practice.

A limited number of abstracts dealing with dietary fatty acids and health can be accepted for poster presentation. We encourage you to send us your abstract by February 15, 2010.

You are heartily welcome at Frankfurt for extensive discussion.

The Organizers

## » CHAIR

M. Bockisch (Hamburg, Germany)  
W. O. Richter (Munich, Germany)  
G. Schmitz (Regensburg, Germany)



## PROGRAMME

## WEDNESDAY, 3 MARCH 2010

12.00 Lunch

13.00 Welcome

## I. Lecture

13.15 **Lipotoxicity: An Overview**  
G. Schmitz, Regensburg, Germany

## II. Dietary Fatty Acids, Cardiovascular Risk and Cardiac Function

13.45 **Intake of Dairy Fat and Dairy Products and Risk of Myocardial Infarction**  
J. I. Pedersen, Oslo, Norway

14.30 Coffee Break

15.00 **Saturated Fat and Pro-inflammatory Gene Expression in Adipose Tissue**  
L. Afman, Wageningen, The Netherlands

15.45 **Dietary Fat and Blood Glucose Control**  
U. Riserus, Malmö, Sweden

16.30 Coffee Break

17.00 **Energy Metabolism in the Heart**  
A. Gianonni, Pisa, Italy

17.45 **Dietary Fat and Cardiac Function**  
H. von Bibra, Munich, Germany and Stockholm, Sweden

III.  $\Omega$ -3 Fatty Acids and Health

18.30- **Fish Consumption and Mood**  
19.15 O. van de Rest, Wageningen, The Netherlands

20.00 Congress Dinner

## PROGRAMME

## THURSDAY, 4 MARCH 2010

III.  $\Omega$ -3 Fatty Acids and Health

9.00 **Proven Clinical Effects of  $\Omega$ -3 Fatty Acids**  
P. Yaqoob, Reading, United Kingdom

9.45  **$\alpha$ -linolenic Acid and its Conversion to Longer Chain  $\Omega$ -3 Fatty Acids**  
G. Barcelo-Coblijn, Palma, Spain

10.30  **$\alpha$ -linolenic Acid and Prostate Cancer**  
M. Leitzmann, Regensburg, Germany

11.15 Coffee Break

11.45  **$\Omega$ -3 Fatty Acids and Inflammation Markers**  
G. Pot, Cambridge, United Kingdom

12.30  **$\Omega$ -3 Fatty Acids – Useful in Treatment of the Metabolic Syndrome?**  
W. O. Richter, Munich, Germany

13.15 Lunch

14.15  **$\Omega$ -3 Fatty Acids from Fish – An Ecological Problem?**  
M. Bockisch, Hamburg, Germany

## IV. Scientific Work and Clinical Practice

15.00 **Perception of Scientific work on Dietary Fat in Clinical Practice**  
M. Benecke, Munich, Germany

15.45 Concluding Remarks

## INFORMATION

## » FREE COMMUNICATIONS

A limited number of abstracts can be accepted for posters. Abstracts can be submitted as an E-Mail attachment to [saritas@eurofedlipid.org](mailto:saritas@eurofedlipid.org).

Deadline for submission of abstracts is **February 15, 2010**.

A model for the abstract layout can be found at [www.eurofedlipid.org/meetings/frankfurt10](http://www.eurofedlipid.org/meetings/frankfurt10)

## » REGISTRATION

To register please make use of the online registration at [www.eurofedlipid.org/meetings/frankfurt10](http://www.eurofedlipid.org/meetings/frankfurt10) or fill out the registration form enclosed.

Registration Fees	until 3 February 2010	after 3 February 2010
Member	€ 190,00	€ 240,00
Non-Member	€ 230,00	€ 280,00
Dieticians, Nutritionists (Member)	€ 120,00	€ 170,00
Dieticians, Nutritionists (Non-Member)	€ 150,00	€ 200,00
Students (Member)	€ 50,00	€ 100,00
Students (Non-Member)	€ 100,00	€ 150,00

If you wish to become a member, see [www.eurofedlipid.org/membership](http://www.eurofedlipid.org/membership) for details

The registration fee includes entry to the scientific programme, the book of abstracts, a list of participants, drinks during coffee breaks and lunch. After registration you will receive an invoice. The invoice is available directly with the online registration.

